

Your monthly dose of Sidecar Health updates

Health plan pulse

JULY 2025 EDITION

July Webinar: make the most of your Sidecar Health plan Smart strategies to take charge of your care

New to Sidecar Health or need a quick refresher? Join us as we cover:

- What sets Sidecar Health apart and how it works for you
- How to find care and get money back
- Paying for services with your Sidecar Health Visa
- Submitting claims with speed and simplicity

July 16, 2025 at 6pm EST. Reserve your spot here.

Summer's heating up and so is your Sidecar Health experience New upgrades to make finding care faster and more personalized

Check out what's new:

- More specialty matches. We've expanded our provider specialty categories, so your care search results are more tailored to your needs.
- Easy bookmarking. You can now bookmark your favorite providers straight from the doctor search and provider list.
- Smarter, cleaner provider lists. The provider list on care detail pages now puts your bookmarked providers first, followed by results sorted by price and GAM quality, making it easier for you to select care.

Explore the updates in the app.

Download the new Sidecar Health mobile app

Everything you love about the member portal — built into a downloadable app

With the app, you can:

- Look up your Benefit Amounts anytime
- Find providers and compare prices
- Snap a photo of your invoice, upload it, and submit claims
- Track your expenses and earnings

Download it on the Apple App Store and Google Play.

Any questions? Your dedicated Member Care team is here to help.

Chat with a real human 7 days a week on our website or at (855) 282-0822 Mon–Fri: 8am-8pm ET, Sat–Sun: 9am-5pm ET